

Rotary Opens Opportunities

R.Y. 20-21

R.I. Dist.
3060

R.I. President
Rtn. Holger Knaack

Charter Date
05-03-1965

Club No
15204

District Governor
Rtn. Prashant Jani



NEWS WHEEL

FORTNIGHTLY CLUB BULLETIN

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BULLETIN OF ROTARY CLUB OF UDHNA

FOR PRIVATE CIRCULATION ONLY
2020-21/18. MARCH 15, 2021

Next Meeting

Sunday, March 21, 2021

Program : CYCLOFUN

Time: 6:00 A.M.

**Will gather at the gate of SVNIT.
Cycling will start at sharp 6.30am.**

This is a Cycle run of 10 kms. starting from SVNIT to Magdalla bridge Circle & back to SVNIT.

Breakfast will be served on completion of this 10kms. lap at the Food Park opp. SVNIT main gate.

You are also welcome for cheering the participants and for the breakfast.

Note : Change in meeting day. No meeting on Thu., March 18.

Forthcoming Meeting

Thu., March 25, 2021

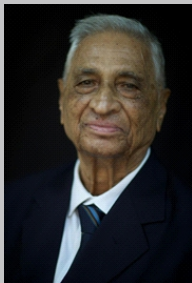
Entertainment Program.

Note : It will be a Zoom Meeting.

Birthdays

March 17 Ann Krishna Janak Jariwala
18 Ann Hema Keyur Mehta
20 Annet Devagna Desai
23 Rtn. Dharmesh Chorawla
29 Rtn. Vishal Merchant

Obituary



Father of our Late PP. Rtn. Naresh Bhakta; **Mr. Karsan Bhakta** left for heavenly abode on March 11, 2021 at the age of 96. He too, was member of our Club. May the noble soul rest in peace.

R. C. of Udhna sponsor one more Club - ROTARY CLUB OF SURAT METRO...

The Charter presentation & Installation of this new Club – R. C. of Surat Metro with a membership strength of 55 members took place on March 09, 2021. DG. Rtn. Prashant Jani presented the Charter and installed the new Team. Rtn. Ghanshyam Khunt was installed as Charter President while Rtn. Bhavin Savaliya as Hon. Secretary.

Our President Rtn. Vishal Merchant welcomed the gathering; DGE. Rtn. Santosh Pradhan also conveyed his good wishes. Majority members in this new Club are from Katargam area. Accolades to AG. Rtn. Mihir Thakkar for his untiring efforts in the formation of this Club and our Club Membership committee Chair PP. Rtn. Kshitij Desai.



Seminar & Health Check up Camp for Anns...

Celebrating the International Women's Day; our Club organized a Seminar & Health check up camp for our Club Anns on March 07, 2021 at VAMA – hospital of Dr. Rupal Shah.



IPP. RTN. MANISH NAIK DAZZLES AT DISTRICT AWARDS NITE – R.Y. 2019 – 2020...RECEIVES 07 DISTRICT AWARDS...

On March 07, 2021 at Vadodra witnessed a grand “Golden Jubilee District Awards 2019 2020” nite. Proud of you IPP. Rtn. Manish Naik & Board of Directors 2019 – 2020; kudos to family of R. C. of Udhna. Accolades to Rtn. Nirali Naik & PP. Rtn. Janak Jariwala.



E-Learning Platinum Award Best Service Proj. Gold Award Best Club President Silver award



Teachers Training Award Best Asst. Governor Rtn. Janak Jariwala Appreciation Award



Best Spouse in Supporting Role – Nirali Naik IPP. Rtn. Manish receiving Award.



Cardio–Pulmonary Resuscitation (CPR) training...PP.Rtn. Dr. Karia...

On Thursday, February 25, 2021 we had a physical meeting in the meeting hall of Platinum Plaza (courtesy : **PP. Rtn. Prakash Patel**) where we had a training program on Cardio-Pulmonary Resuscitation (CPR) by **PP. Rtn. Dr. Prashant Karia** (member R.C. of Surat River side) ably supported by **Dr. Santosh Yadav**.

The meeting hall was organized so as to maintain the Covid protocols and after the welcome address by **President Rtn. Vishal Merchant** & the birthday / wedding anniversary greetings; it was the senior Rotarian **Pavan Sharma** who under "Know Your Rotarian" spoke about his journey from Rotaract to Rotary. Citing example of his brother PDG. Kulbandhu Sharma who at an international airport waiting in a long que was found wearing a Rotary lapel pin by the Officer was given priority; Rtn. Pavan explained importance of being a Rotarian. He expressed his joy of having a large extended family. **Treasurer Rtn. Harshal Desai** introduced Dr. Prashant Karia and Dr. Santosh Yadav.

In his initial remarks PP. Rtn. Dr. Prashant Karia seeing so many friends said it seems, I am part of Udhna. Introducing his colleague Dr. Santosh Yadav, PP. Rtn. Dr. Karia saw in him a prospective Rotarian. They began their presentation explaining - Basic life support. In case of Emergency, something happening suddenly, collapse, drowning and so many other such conditions; a basic life support is a process before the person reaches a hospital or reaches to a medical professional or the nearest medical facility. First rule, find safe place nearby, hard surface, find status of person like unconscious or is drunk. Tap shoulder little hard, check pulse at centre of neck - Carotine pulse.



If, person is found Breathing & the Pulse is felt; immediately call 108 Ambulance. If, the person is found unconscious but having pulse and breathing; in such cases tongue goes in move person to left with one leg bent up while other leg straight, head rested on hand. Second condition if, pulse is ok but not breathing unconscious - put hand on forehead and he fingers of other hand on chin to slightly lift head and do rescue breathing i.e. mouth to mouth – the person doing this will not get any infection. May put a tissue paper or thin handkerchief if, fear infection.

If, heartbeats and pulse not functioning then CRP to be done. CRP : Palm on bottom of nipple line, other Palm on it and 30 times chest compression in rhythm but slowly should take 15 to 18 secs, don't give Jerks/ rocking movement or heavy massaging; repeat two breathing cycle. Two persons required to do this. If, a person is alone then first compression followed by breathing. Even a machine is available for CRP.

The Doctors had brought two dummy human bodies on which they performed practical demonstration of the entire process. After the demonstration by Doctors each and every member present in the meeting were called one after the other and each one performed the CRP.

After this a detailed explanation was also given with practical demonstration, in case there is Choking because of foreign body which would create obstruction to breathe. For this a person needs to stand behind the person suffering and with fist on navel with other hand pressing towards navel give slight push upwards. If, alone put a chair in front and press navel on it. Coughing in adult may succeed. Demonstrated for pediatric patient as well.

DGE Rtn. Santosh Pradhan presented a memento.

After announcement by Hon. Secretary **Rtn. Chetan Jariwala**; it was the confident and ever smiling Rotarian **Sunetra Pradhan** who in her inimitable style proposed vote of thanks.

Meeting was adjourn followed by National Anthem.

Each member was given a nicely wrapped Food Pack for family to enjoy at home.

ANNNS OF OUR CLUB ADDS TO OUR GLORY...

RTN. RAKHI DESAI



Nari Chetna award presented by Bharatiya Jain Sangh...

Rtn. NIRALI NAIK



Nari Tu Narayani...

Nari Chetna Award...

SMART MAMAZ...



A man behind her – by Jaya Mac Foundation

ANN MAHRUKH ZUBEEN CHICHGAR



Awarded the Nari Ratna Award by Southern Gujarat Chamber of Commerce on Women's Day. Presented by the worthy hands of versatile stage actor, Ms. Apra Mehta.